

CONFERENCE AGENDA

Thursday - September 10, 2009

Grand Ballroom

- 6:30-8:00 a.m. Registration – 2nd Floor – outside of the Grand Ballroom
- 8:00-9:00 a.m. Keynote Speaker
Seeing is believing: observing physical activity and its contexts work **Thomas L. McKenzie, Ph.D.**
- 9:00-10:00 a.m. Dose of PA necessary to improve fitness, body composition and cardiometabolic health of youths **Bernard (Bob) Gutin, Ph.D.**
- 10:00-10:15 a.m. Physical activity..let's get up and move! **J. Leon Greene, Ph.D.**
- 10:15-10:45 a.m. Break & Visit Exhibitors
- 10:45-11:45 a.m. The trial of activity for adolescent girls - results from a school and community linked intervention **Deborah Rohm Young, Ph.D.**
- 11:45-1:00 p.m. Lunch on your own (visit the many restaurants located conveniently downstairs)
- 11:45-12:15 p.m. Take a WALK with us (meet in the hotel lobby for a guided walk)
- 1:00-2:00 p.m. Measurement of physical activity: methodology, accuracy, and utility for promotion of PA in children **Patty Freedson, Ph.D.**
- 2:00-3:00 p.m. Effective strategies to promote physical activity and diminish obesity in children **Melinda Sothern, Ph.D., CEP**
- 3:00-3:30 p.m. Break & Visit Exhibitors
- 3:30-4:30 p.m. Reversing childhood obesity at the state and national level! **Paula Card-Higginson, BA, ELS**
- 4:30-4:45 p.m. Closing Statements & Adjournment **Joseph Donnelly, E.D.D.**
- 4:45-6:45 p.m. Poster Presentations and Reception (ceu's provided)

Friday - September 11, 2009

Grand Ballroom

- 7:00-7:30 a.m. Take a WALK with us (meet in the hotel lobby for a guided walk)
- 7:00-8:00 a.m. Registration – 2nd Floor – outside of the Grand Ballroom
- 8:00-9:00 a.m. Keynote Speaker
Is faulty metabolism responsible for obesity? **Eric Ravussin, Ph.D.**

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- 9:00-10:00 a.m. Will exercise during weight gain prevent relapse for factors that contribute to metabolic syndrome? **Tom R. Thomas, Ph.D.**
- 10:00-10:15 a.m. Physical activity..let's get up and move! **J. Leon Greene, Ph.D.**
- 10:15-10:45 a.m. Break & Visit Exhibitors
- 10:45-11:45 a.m. ADA Position Paper: 2009 update **Helen Seagle, MS, RD**
- 11:45-1:00 p.m. Lunch on your own (visit the many restaurants located conveniently downstairs)
- 1:00-2:00 p.m. Emerging behavioral strategies for weight loss and maintenance **John M. Jakicic, Ph.D.**
- 2:00-3:00 p.m. Drug therapy for chronic diseases associated with obesity **Dennis Jacobsen, Ph.D.**
- 3:00-3:30 p.m. Break & Visit Exhibitors
- 3:30-4:30 p.m. ACSM position stand: appropriate physical activity intervention strategies for weight loss and prevention of weight regain for adults **Joseph Donnelly, E.D.D.**
- 4:30-4:45 p.m. Closing Statements & Adjournment **Joseph Donnelly, E.D.D.**
- 5:00-7:00 p.m. Join us for a BBQ

Saturday - September 12, 2009
Grand Ballroom

- 7:00-7:30 a.m. Take a WALK with us (meet in the hotel lobby for a guided walk)
- 7:30-8:00 a.m. Registration – 2nd Floor – outside of the Grand Ballroom
- 8:00-9:00 a.m. Keynote Speaker
 Environmental approaches to promoting physical activity and preventing childhood obesity **James F. Sallis, Ph.D.**
- 9:00-10:00 a.m. Neighborhood food access: Opportunities for addressing dietary intake and obesity **Melissa Nelson Laska, Ph.D., RD**
- 10:00-10:15 a.m. Break & Visit Exhibitors
- 10:15-11:15 a.m. Community-based environmental change to prevent childhood obesity - past and present efforts **Jennifer Sackeck, Ph.D.**
- 11:15-12:15 p.m. Environmental and policy influences on obesity: challenges and opportunities **Amy A. Eyler, Ph.D.**
- 12:15-12:30 p.m. Closing Statements & Adjournment **Joseph Donnelly, E.D.D.**

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