

Conference Program

September 4, 2008 – THURSDAY

Located in the Basie Ballroom

- 6:30-8:00 a.m. Registration
- 8:00-9:00 a.m. Keynote Speaker
What will it Really Take to Reverse the Obesity Epidemic? **James Hill, Ph.D.**
- 9:00-9:45 a.m. Battle of the Weight Loss Diets: Is Anyone Winning (at Losing)?
Christopher Gardner, Ph.D.
- 9:45-10:30 a.m. Alternative Delivery Strategies for the Treatment of Obesity **Ben Gerber, M.D., M.P.H.**
- 10:30-11:00 a.m. Break and Visit Exhibitors
- 11:00-11:45 a.m. Pregnancy, Obesity, and Physical Activity **James M. Pivarnik, Ph.D.**
- 11:45-12:30 p.m. Intervention Strategies for Overweight Hispanic Youth **Michael Goran, Ph.D.**
- 12:30-1:00 p.m. Take a WALK with us (meet in the hotel lobby for a guided walk)
- 12:30-1:30 p.m. LUNCH ON OWN
- 1:30-2:15 p.m. Food Insecurity and Obesity **Wendy Johnson Taylor, Ph.D.**
- 2:15-3:00 p.m. Is Faulty Metabolism Responsible for Obesity? **Eric Ravussin, Ph.D.**
- 3:00-3:30 p.m. Break and Visit Exhibitors
- 3:30-4:15 p.m. Programs and behavioral strategies for promoting and enhancing physical activity in older adults **Eddie McAuley, Ph.D.**
- 4:15-5:00 p.m. Weight Bias in Health Care Settings **Rebecca Puhl, Ph.D.**
- 5:00-5:15 p.m. Closing Statements & Adjournment **Joseph Donnelly, E.D.D.**

September 5, 2008 - FRIDAY

Located in the Basie Ballroom

- 7:00-7:30 a.m. Take a WALK with us (meet in the hotel lobby for a guided walk)
- 7:00 – 8:00 a.m. Registration
- 8:00-9:00 a.m. Keynote Speaker
RADM Steven K. Galson, M.D., M.P.H., Acting United States Surgeon General
- INVITED
- 9:00-9:45 a.m. Physical Activity and Public Health Guidelines for Americans - Recent Developments
William Haskell, Ph.D.

- 9:45-10:30 a.m. Obesity through the Eyes of an Economist **Eric A. Finkelstein, Ph.D.**
- 10:30-11:00 a.m. Break and Visit Exhibitors
- 11:00-11:45 a.m. Effects of Calcium and Dairy Products for Weight Management **Marta Van Loan, Ph.D.**
Sponsored by: Midwest Dairy Council
- 11:45-12:00 p.m. Tour Announcement and Preparation **Joseph Donnelly, E.D.D.**
- 12:00-1:00 p.m. Tour KU/CMH Center for Physical Activity, Nutrition and Weight Management – shuttle provided
- 1:00-2:00 p.m. LUNCH ON OWN
- 2:00-2:45 p.m. Appetite Regulation and Obesity **Heather Leidy, Ph.D.**
- 2:45-3:30 p.m. Energy Equivalents for Physical Activity **Barbara Ainsworth, Ph.D. M.P.H.**
- 3:30-4:00 p.m. Break and Visit Exhibitors
- 4:00-4:45 p.m. Is Resistance Training Effective for Weight Management? **Erik Kirk, Ph.D.**
- 4:45-5:00 p.m. Introduction to Poster Session and Closing Statements **Joseph Donnelly, E.D.D.**
- 5:00-6:30 p.m. Poster Presentations

September 6, 2008 – SATURDAY

Located in the Basie Ballroom

- 7:00-7:30 a.m. Take a WALK with us (meet in the hotel lobby for a guided walk)
- 7:30-8:00 a.m. Registration
- 8:00-9:00 a.m. Keynote Speaker
The Dose-Response of Exercise to Health and Weight Management: Results from the DREW Study **Steven Blair, Ph.D.**
- 9:00-9:45 a.m. Effects of Physical Activity on Academic Achievement **Catherine L. Davis, Ph.D.**
- 9:45-10:15 a.m. Break and Visit Exhibitors
- 10:15-11:00 a.m. Parental Role in Physical Activity and Nutrition- Help or Hindrance **Tom Baranowski, Ph.D.**
- 11:00-11:45 a.m. What Brain Imaging tells us about Control of Energy Intake and Obesity **Cary Savage, Ph.D.**
- 11:45-12:00 p.m. Closing Statements & Adjournment **Joseph Donnelly, E.D.D.**